

CMSI is a full-service medical management company, founded by healthcare professionals who saw a need for specialized medical management at both the company and employee level.

Our concierge approach puts members and their healthcare needs front and center, while our innovative data analytics, outreach and preventative programs keep members healthy and costs down.

CMSI's diverse clinical team understands how ongoing medical conditions or difficult diagnosis can be challenging for both the member and employer. We are familiar with navigating the complexities of the healthcare system, and the difficulties our members face. We pride ourselves on maintaining a caring philosophy that remains at the core of everything we do.



Condition Management

CMSI provides a comprehensive one-on-one approach to condition management through services provided by our experienced clinicians above industry standards. Our approach is to build strong relationships with your members to promote and teach self-management skills and coordinate their healthcare treatments and promote compliance with physician prescribed care plans. Wellness Managers assess each participant individually and focus on behavior change over time as participants are taught to manage their disease state(s) more effectively.

The Condition Management program seamlessly integrates into wellness programming utilizing a Health Risk Assessment (HRA) and Biometric Screenings focusing on an “integrated care model” where participants are referred to case management for acute intervention or to health coaching for wellness instruction.

CMSI’s Condition Management program is supported using claims analytics and Wellness Care Managers who assist participants in improving medication compliance, annual wellness visits and appropriate utilization of the medical system.

Common conditions often addressed in Condition Management include...

- Asthma
- Chronic Pain
- Congestive Heart Failure
- COPD
- Coronary Artery Disease
- Crohn’s Disease
- Liver Failure
- Kidney Disease
- Multiple Sclerosis
- Parkinson’s Disease
- Rheumatoid Arthritis



Diabetes Management Program

Participants receive a monitor kit and unlimited glucose test strips and lancets. Using the GHT Connected Monitor and health portal participants and healthcare professionals can easily share and review testing history and compliance. Wellness Care Managers can then review and provide support and care management using population metric reporting to follow trends, communicate with participants and providers for a seamless approach avoiding gaps in care, assessing risk patterns, and facilitating medication adherence.

These services are free to members through their health plan.