



CMSI is a full-service medical management company, founded by healthcare professionals who saw a need for specialized medical management at both the company and employee level.

Our concierge approach puts members and their healthcare needs front and center, while our innovative data analytics, outreach and preventative programs keep members healthy and costs down.

CMSI's diverse clinical team understands how ongoing medical conditions or difficult diagnosis can be challenging for both the member and employer. We are familiar with navigating the complexities of the healthcare system, and the difficulties our members face. We pride ourselves on maintaining a caring philosophy that remains at the core of everything we do.



## Our Services

**CMSI's unique, data-driven approach to health management ensures that our members receive the best care at the lowest cost to employers. Here are some of the services we offer:**

### Care Navigation

Members are able to directly contact a member of the medical navigation team to research the most cost-effective and appropriate solution available to them in their area, with assistance in scheduling if needed.

### Case Management

Our professionals have extensive experience coordinating the most complex, high-risk cases, implementing cost-effective, high-quality health care services.

### Pre-Certification/Utilization Review

Customizable pre-certification plans assist our clients in the most appropriate, concurrent healthcare utilization as well as early identification of high-dollar medical claims or high-risk diagnoses.

### Physician Support Services

CMSI's Physician Medical Directors are available remotely or in person to offer professional medical support and recommendations when making difficult and impactful decisions on member medical claims and determinations for plan review.

### Musculoskeletal Health Management Program

CMSI utilizes a proprietary population identification and engagement program to drive success in avoiding costly injuries and triaging members to the most appropriate care when needed.

### Condition Management

Through rigorous claims data scrubbing, high risk individuals can be identified and then engaged by skilled nursing professionals that will work with them to pro-actively reduce the short and long-term effects of their chronic condition on overall health.

### Corporate Health and Wellness

CMSI's corporate wellness team incorporates health risk assessments, biometric screening results and powerful data analytics to assist employers in achieving their highest population health outcomes.

**These services are free to members through their health plan.**

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Expires: 12/01/2027